

# Introducing Your Member Portal and App

Browse benefits. Request services. Enjoy 24/7/365 access.

Your Assistance Program offers a wide range of benefits to help improve mental health, reduce stress and make life easier—all easily accessible through your member portal and app.

## Video, Chat and Telephonic Access

24/7/365 access to request mental health sessions and life management referrals

## **Thousands of Self-Care Articles and Resources**

Explore videos, provider resource locators, personal assessments, calculators and tools

#### **Events Calendar and Free Webinars**

Sign up for the latest webinars and online training sessions

#### **Exclusive Discounts**

Save money on entertainment, gifts, travel and consumer goods

# Getting Started Is Easy

- Visit your landing page, www.MyImpactSolution.com and click on "Select Portal & App" in the top menu
- 2. Register to create a new account using your company code: ysueap
- 3. A confirmation email will be sent to complete the process

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Contact IMPACT Solutions Call: 800-227-6007 Visit: www.MyImpactSolution.com Code: ysueap IMPACTSOLUTIONS An AllOne Health Company