



CLASSIFICATION SERIES:

N/A

BARGAINING UNIT:

N/A – Externally Funded Intermittent

Wellness Leader

SERIES PURPOSE: The purpose of the Wellness Leader occupation is to conduct, organize, coordinate, and administer wellness lessons in after school programs.

CLASS CONCEPT: The class works under immediate supervision and requires some knowledge of after school program operations in order to monitor wellness and physical fitness activities of students.

Incumbents monitor students and provide assistance with wellness and physical fitness activities.

JOB DUTIES: Incumbents may perform some or all of these duties or other job-related duties as assigned.

Monitors wellness and physical fitness activities of students during after school programs.

Works with colleagues to meet the students' individual needs.

Writes and implements wellness and physical fitness activities to support youth development and family engagement.

Serves as role model, mentor, and advocate for students.

OTHER FUNCTIONS AND RESPONSIBILITIES: Assists with training new hires.

Performs any and all other duties assigned and/or required that are within the level of responsibility for this classification at the discretion of the supervisor.

KNOWLEDGE, SKILLS, AND ABILITIES:

Knowledge of: rules, guidelines, and procedures pertaining to wellness and physical fitness activities, after school programs, and safety practices; childhood development lesson plans.

Skill in: communication.

Ability to: develop a good rapport with students, family members, and after school program staff; carry out simple instructions; recognize unusual conditions and take appropriate action; read short sentences with concrete vocabulary; complete routine forms; cooperate with co-workers on projects.

(*) Developed after employment.

MINIMUM QUALIFICATIONS: High School Diploma or GED; demonstrated experience in teaching assistance or working with children in a structured setting.

REQUIRED CERTIFICATIONS, TRAINING, AND/OR LICENSURES: None

PHYSICAL REQUIREMENTS: In accordance with the U.S. Department of Labor physical demands strength ratings, this position will perform light work.

LIGHT: work involves exerting up to 20 pounds of force occasionally, or up to 10 pounds of force frequently, or a negligible amount of force constantly to move objects, requiring: (1) walking or standing to a significant degree; (2) sitting most of the time while pushing or pulling arm or leg controls; or (3) working at a production rate pace while constantly pushing or pulling materials even though the weight or the materials is negligible. (The constant stress and strain of maintaining a production rate pace, especially in an industrial setting, can be and is physically demanding of a worker even though the amount of force exerted is negligible.)

UNUSUAL WORKING CONDITIONS: Schedule may vary based on the needs of the students.